

Worn Out Woman: Overcome Spiritual Blindness As He Guides Us in Paths of Righteousness

Often the real reason that our emotions are out of control or our bodies are sick, is that we are spiritually worn out. We have become self sufficient and blind to the fact that an intimate and personal relationship with Jesus Christ is the very essence of our beings as Christians. Our faith becomes something that we do rather than who we are and we make ourselves look pretty on the outside without being mindful of to whom we belong.

Psalm 23:1

The Lord is my Shepherd; I shall not be in want.

“A Shepherd is responsible to feed, nurture, protect and to guide the flock. If a sheep gets injured or sick, the Shepherd tends to it until it is well again. The Shepherd provides it with what it needs but if the Lamb refuses to get well, the Shepherd’s hand is proverbially tied.” CJ

So what does it mean that a sheep could refuse to get well? (*reject Him, reject promises, shy away, pull away, make excuses for illness or why cannot recover or refuse to accept responsibility for one’s actions*)

Psalm 23:3b-4 He guides me in paths of righteousness for his name’s sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

It is the very intent of our Lord that **He** guides us in paths of righteousness for his name’s sake, that we are fully aware of His presence in even horrific circumstances and that our comfort can be found in Him alone. And yet we often follow paths that the Lord does not lead us on and seek comfort in anything that brings quick results leading us to spiritual blindness and a feeling of being worn out and un-fulfilled in our relationship with him.

In the life of an unbeliever, this is a common condition. **John 3:36, John 9:41, 2Cor 4:3-4**

But for the believer, we are a new creation.

2Cor 4:5-7, 2Cor. 5:17-21

So what happens? How do we become spiritually worn out?

- ❖ It may be a heart condition **Matt 23:23-28**
- ❖ Blind to our own sin **Proverbs 16:2**
- ❖ We judge others and make excuses for our own sin **Matthew 7:1-5**
- ❖ We give ourselves away to freely **Matthew 7:6**
- ❖ We seek the wrong source: our culture is the most addicted, most materially wealthy, most bankrupt generation of all time
- ❖ We are prideful and arrogant **Revelation 3:14-18**

So what is the answer? How do we overcome spiritual blindness?

- ❖ Do not store up for yourselves treasures on earth: **Matthew 6:19-24**
- ❖ **Seek Him First: Matthew 6:33**
- ❖ Ask, Seek, Knock : **Matthew 7:7-8**
- ❖ **Respond: Psalm 23: 3-4, Revelation 3:19-22**